

FALL PREVENTION MONTH

ACTIVITIES & RESOURCES FOR OCCUPATIONAL THERAPISTS

1



Fall Screenings

Falls free check up [NCOA's Falls Free CheckUp](#)
CDC STEADI Check your risk of falling [Brochure - Stay Independent](#)

2



Home Safety Screening

CDC STEADI Check for safety A home Fall prevention Check list for older Adults [Check For Safety A Home Fall Prevention Checklist For Older Adults](#)

3



Fall Bingo

Fall Bingo [Fall Prevention Bingo | Participation, Environment & Performance Laboratory | Washington University in St. Louis](#)

4



Fall Prevention Exercise Routine

<https://fallpreventionfoundation.org/2025/06/17/fall-prevention-exercise-routine-a-complete-guide-for-strength-balance-and-safety/>

5



Fall Preventions for Persons with Dementia

<https://fallpreventionfoundation.org/2025/05/27/fall-prevention-strategies-for-dementia-patients-a-comprehensive-approach-to-safety-and-support/>