



Advocating for Mental Health in OT!



Occupational Therapy Mental Health Parity Act (H.R. 4037)

01

Conducts outreach/education so that Medicare stakeholders better understand OT's role, and clarifies coverage/billing procedures for OT in behavioral health contexts.

Contact your legislators here!

<https://www.votervoice.net/AOTA/Campaigns/128049/Respond>

02

Mental Health Occupational Therapy Advocacy in Action

Have you ever said anything like the following to yourself?

- "I'm not an advocate", "I can't influence policy, or "advocacy and policy are just not for me"?"

You are not alone!

Read this article to learn how to break through these barriers and influence your profession in mental health.

<https://www.aota.org/publications/sis-quarterly/mental-health-sis/mhsis-11-24-health>.

Increasing access to OT services in behavioral health

03

Review the article posted in AOTA that discusses advocating and implementing OT services in behavioral health settings. Also highlights why this service matters to our profession and legislative updates.

https://www.aota.org/advocacy/issues/increasing-access-to-behavioral-health?utm_source=chatgpt.com



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